# Roles of Fetuin-A in Hypertension

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# Fetuin-A (Alpha-2-HS-glycoprotein)



- Multi-functional protein secreted by liver
- Involves in a variety of physiological and pathological conditions
- ✓ Bone metabolism
- ✓ Insulin resistance
- ✓ Inflammation
- ✓ Vascular calcification
- ✓ Neurodegenerative diseases

Recent Patents on Endocrine, Metabolic & Immune Drug Discovery 2011, 5, 124-146

# Roles of liver and adipose tissue in metabolic diseases



### Functions of key hepatokines in metabolism

Hepatokine	Effects		
	In vitro or in animal models	In humans	
Angiopoietin-related protein 6	Energy expenditure † Obesity ↓ NAFLD ↓ Insulin resistance ↓	Insulin resistance †	
Fetuin-A	Obesity –/† Insulin resistance † Subclinical inflammation †	Obesity – NAFLD ↑ Insulin resistance ↑ Subclinical inflammation ↑ T2DM ↑ CVD ↑	
FGF-21	Energy expenditure † Insulin resistance ↓ β-cell survival †	Obesity↑ NAFLD↑ Insulin resistance↑	
IGFs and IGFBPs	Insulin resistance –/†/↓	Insulin resistance †∕∔	
Selenoprotein P	Insulin resistance †	Insulin resistance † Subclinical inflammation †	
Sex hormone-binding globulin	Sex hormone bioavailability † Sex hormone signalling †	Obesity↓ NAFLD↓ Insulin resistance↓ Subclinical inflammation↓ T2DM↓	
Malure 2015, 9:	CVD +		

#### Causes and consequences of increased production of fetuin-A



Nature 2013; 9: 144

# **Fetuin-A and inflammation**



Fetuin-A functions as an adaptor between FFAs and TLR4 signaling in lipidinduced inflammation.

Nature Med 2012; 18: 1182

# **Relationship between fetuin-A and adiponectin**



- Fetuin-A can directly suppress adiponectin transcription
- Lower adiponectin reduces
   AMPK, which promotes
   steatohepatitis in the liver and
   foot process effacement in the
   kidney leading to albuminuria

J Am Soc Nephrol 2010; 21: 406

# Serum fetuin-A is inversely correlated with adiponectin levels



J Am Soc Nephrol 2010; 21: 406

# Serum fetuin-A levels in Chinese adults



Plos One 2011; 6:e19228

#### **Factors involved in vascular calcification**



#### Fetuin A inhibits vascular calcification



- Fetuin-A both locally and systemically inhibits vascular calcification
- Fetuin-A is incorporated in
   VSMCs and limits their ability to
   nucleate basic calcium phosphate
   Fetuin-A also buffers mineral ion

supersaturation by forming fetuin–mineral complex (FMC) or calciprotein particles (CPPs) ions

Kidney International 2009; 75: 874

### Fetuin-A acts as an inhibitor of ectopic calcification





### Low Fetuin A and increased mortality in dialysis patients





#### Role of fetuin A in inhibition of vascular calcification





# Relationship between calcium scores and VSMC-exosome fetuin-A levels



37th Congress of IUPS (Birmingham, UK) (2013)

# Risk factors for 1-year increment of CAC in hemodialysis patients

Bivariate analysis				Logistic Regression		
Variables	Spearman	p-value	OR*	<b>C.I. 95%</b>	p-value	
Age	0,401	0,001	1,198	1,006 - 1,426	0,042	
BMI	0,390	0,001	1,375	-	0,106	
Calcium	0,360	0,001	4,554	1,018 - 20,384	0,047	
Ca corrected	0,362	0,001	-	-	NC	
РТН	0,384	0,001	1,007	1,001 - 1,013	0,027	
Fetuin-A	-0,345	0,012	5,84 E-07**	4,6 E-12** - 0,074	0,017	
CRP	0,321	0,020	0,890	-	0,139	

BMC Nephrology 2010, 11:10

#### Low fetuin-A and CV mortality in hemodialysis patients



Kidney International, Vol. 67 (2005), pp. 2383–2392

#### Fetuin-A and C-reactive protein predict outcome in ACS



Figure 3. Kaplan-Meier survival curves for 1-year survival according to fetuin-A (A) and CRP (B) concentration:



Fetuin-A and CRP

Am J Cardiol 2013;111:31e37

# Association of fetuin-A and carotid IMT in EH

- 105 untreated EH patients with normal renal function
- Fetuin-A level was significantly inversely correlated with carotid IMT (r =-0.40, P <0.0001)</li>
- Multiple regression analysis showed that fetuin-A was independently correlated with the IMT(β=-0.268, P<0.0001)</li>
- Receiver-operator curves demonstrated that fetuin-A levels have a predictive power of IMT>0.9 mm (AUC 0.738, P<0.0001).</li>

### **Objective and study design**

- Objective: To determine the correlation between serum fetuin-A levels and blood pressure in EGAT cohort age between 20-50 years
- Cross-sectional cohort of the employees of the Electricity Generating Authority of Thailand (EGAT). (EGAT 3/1)
- Serum fetuin-A level was measured by sandwich enzyme immunoassay (R&D Systems, Inc., Minneapolis, MN, USA).
   Precisions of intra- and inter-assays were 4.9% and 7.3%, respectively.

# **Clinical characteristics of the study population (n = 1735)**

Characteristic	Mean (SD)
Age (years)	39.9 (6.6)
Gender (male)	1245 (71.8%)
Body weight (kg)	63.4 (12.9)
Height (cm)	166.2 (7.7)
BMI (kg/m²)	23.9 (3.8)
Waist circumference (cm)	86.1 (10.5)
Systolic blood pressure (mmHg)	119.4 (14.0)
Diastolic blood pressure (mmHg)	80.2 (10.2)
Fetuin-A levels (ug/mL)	559.1 (110.4)

#### **Correlation between fetuin-A and metabolic variables**

Variable	R	Р
Age	0.05	< 0.05
SBP	0.11	< 0.001
DBP	0.12	< 0.001
BMI	0.16	< 0.001
WC	0.15	< 0.001

#### Relationship between fetuin-A and SBP & DBP in females (n = 490)

	Systolic blood pressure		Diastolic blood pressure		
	Standardized coefficient (β)	Р	Standardized coefficient (β)	Р	
Fetuin-A (ug/mL)	0.13	< 0.001	0.10	< 0.05	
Age (year)	0.26	< 0.001	0.08	0.08	
BMI (kg/m²)	0.17	< 0.05	0.17	< 0.05	
WC (cm)	0.10	0.22	0.15	0.07	

#### Relationship between fetuin-A and SBP & DBP in males (n = 1245)

	Systolic blood pressure		Diastolic blood pressure	
	Standardized coefficient (β)	Р	Standardized coefficient (β)	Р
Fetuin-A (ug/mL)	0.02	0.54	0.14	0.12
Age (year)	0.14	< 0.001	0.12	< 0.001
BMI (kg/m2)	0.04	0.49	0.001	0.99
WC (cm)	0.23	< 0.001	0.33	< 0.001

# Conclusions

- Serum fetuin-A levels were significantly associated with various metabolic parameters, including blood pressure
- The association between fetuin-A and blood pressure showed dimorphic response between males and females
- Fetuin-A levels were positively associated with systolic and diastolic blood pressure independent of age, BMI and WC only in females, but not in males
- Further studies are needed to confirm this finding and to explain the different mechanisms between males and females

